



Wellness Menu

Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused Fusion body products to address your every need whilst restoring balance.

THERANAKA INFUSED FULL BODY MASSAGE

60 mins | R 950.00

The TheraNaka Infused Full Body Massage is a deeply relaxing treatment that combines flowing therapeutic techniques with richly blended African botanical oils from TheraNaka. Designed to ease muscle tension, improve circulation, and nourish the skin, this luxurious massage restores balance, promotes overall wellbeing, and leaves the body feeling completely rejuvenated.

THERANAKA INFUSED BACK, NECK AND SHOULDER MASSAGE

35 mins | R 750.00

The TheraNaka Infused Back, Neck & Shoulder Massage is a focused tension-relief treatment using premium botanical oils from TheraNaka. This deeply relaxing massage targets stress-prone areas, easing muscular tightness while nourishing the skin. Perfect for relieving travel or safari fatigue, it leaves you feeling restored, balanced, and refreshed.

THERANAKA DETOX MASSAGE

60 mins | R 990.00

The TheraNaka Detox Massage is a stimulating full-body treatment designed to eliminate toxins, boost circulation, and restore energy. Using detoxifying botanical oils from TheraNaka, this massage combines firm rhythmic movements and lymphatic drainage techniques to encourage natural cleansing of the body. Ideal for guests feeling sluggish or fatigued, it leaves the body lighter, revitalised, and deeply refreshed.

THERANAKA SWEDISH FULL BODY MASSAGE

60 mins | R 850.00

The TheraNaka Swedish Full Body Massage is a classic relaxation treatment that uses light to medium pressure and flowing strokes to ease muscle tension and improve circulation. Performed with nourishing botanical oils from TheraNaka, this soothing massage promotes deep relaxation, relieves stress, and leaves the body feeling refreshed and balanced.

THERANAKA SWEDISH BACK, NECK & SHOULDER MASSAGE

30 mins | R 650.00

The TheraNaka Swedish Back, Neck & Shoulder Massage is a revitalizing treatment that targets tension in the upper body using gentle to medium Swedish techniques. Infused with nourishing TheraNaka botanical oils, it soothes tight muscles, relieves stress, and leaves you feeling relaxed and refreshed in just 30 minutes.

THERANAKA SOLE REVIVAL FOOT TREAT

30 mins | R 550.00

The TheraNaka Sole Revival Foot Treat is a soothing foot therapy that relieves tired, achy feet and promotes overall relaxation. Using TheraNaka botanical oils and targeted massage techniques, it revitalizes the soles, improves circulation, and leaves your feet feeling refreshed and rejuvenated.

THERANAKA HEAD MASSAGE

30 mins | R 500.00

The TheraNaka Head Massage is a deeply relaxing treatment that eases tension in the scalp, neck, and shoulders. Using TheraNaka botanical oils and gentle massage techniques, it relieves stress, promotes circulation, and leaves you feeling calm, refreshed, and revitalized.

Please book your treatment with the Spa therapist or alternatively you can speak to the Lodge Manager who will arrange this appointment time for you! Our therapists at Imbali Safari Lodge are from the local community and have been professionally trained, empowering the ladies to support themselves by being "hands on".



In order to enjoy your Spa treatment, please be ready
10 minutes prior to your appointment.

Spa treatments can be done in the privacy of your suite
or on the deck.

Guests who want to change or cancel their appointment are
kindly requested to so at least two hours before.

OPERATING HOURS: Monday to Sunday - 09h00 – 16h00

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